

# Gymnastics Unlimited

## Class and Team Guidelines

Our number one priority has and always will be the safety of our families and staff.

### Cleaning

- Sanitation stations are set up throughout the entire facility.
- Coaches will follow strict cleaning and sanitizing guidelines before, during and after each class. Spotting students will also be limited.
- There will also be a cleaner set up in the facility to clean equipment after each use
- There will be a cleaner to maintain the lobby, viewing areas and bathrooms before, during and after each class.

### How We Will Keep You Safe

- Small class sizes
- No more than 5 groups in the facility at a time
- Per group: no more than 7 gymnasts with 1 coach with our recreational classes. Each group will be on a separate event. Each specific class will also follow the 6 ft. distancing guidelines when they can.
- Each student must bring their own water bottles. Water fountains will be turned off.
- No food will be allowed to be eaten within the facility.
- Masks are required for all entering the building along with temperature checks. Coaches and students will not be mandated to wear them as this could bring harm during workouts.

### Traffic Flow and Social Distancing

- Students entering a new class must remain outside the facility until 5 minutes before the class begins.
- To limit traffic within the facility, drop off will be in the front of the building and pick up will be out the side door after class is over.
- We are recommending only 1 parent/guardian enter the facility to watch the child during class times. They will also follow the 6 ft. distancing guidelines which will be marked along the floors.